

1975 Region 8B - May 30th

Teams: Ada 61, Remer 55, Walker 49, Borup 47, Mahnomen 46, Warren 35, Red Lake Falls 29, Warroad 24, Karlstad 22, Stephen 22, Hallock 21, Oklee 18, Blackduck 12, Greenbush 11, Akeley 9, Fosston 8, Newfolden 5, Middle River 3, Gary 2, Fertile-Beltrami 2, Indus 1

Shot Put

- 1 Ralph Kappes, Borup 45-1
- 2 Jeff Baker, Ada 44-9.5

120 High Hurdles

- 1 Vance Haugen, Oklee 15.9
- 2 Mark Nelson, Oklee 15.9

100

- 1 Dean Cardinal, Red Lk F 10.4
- 2 Mark Kessler, Ada 10.5

Mile

- 1 Wayne Lutz, Karlstad 4:47.2
- 2 Pat Weston, Fosston 4:49.0

880 Relay

- 1 Remer 1:37.6

440

- 1 Mark Kessler, Ada 51.4
- 2 Steve Hoven, Borup 52.7

180 Low Hurdles

- 1 Vance Haugen, Oklee 21.1
- 2 Dan Peterson, Ada 21.4

Sprint Medley

- 1 Mahnomen 3:51.4

880

- 1 Scott Larsen, Stephen 2:03.5
- 2 Paul Brown, Karlstad 2:06.5

220

- 1 Mark Kessler, Ada
- 2 Steve Hoven, Borup 23.4

2 Mile

- 1 Bart Wulf, Remer 10:48.5
- 2 Tom Barnress, Borup 10:49.8

Discus

- 1 Mike Doyle, Walker 139-10
- 2 Ralph Kappes, Borup 138-2

Long Jump

- 1 Mark Kessler, Ada 20-6
- 2 Dan Bailey, Remer 19-11.5

Mile Relay

- 1 Mahnomen 3:38.3

Pole Vault

- 1 Dan Derosier, Red Lk F 10-10
- 2 Mark Fay, Walker 10-10

High Jump

- 1 Bob Wagner, Ada 5-10
- 2 Alan Stranberg, Greenbush 5-8

Notes: